## Capabilities of Upper Extremity Test version 1.1 Training Video

## October 2016

CUE-T Item	<u>Time</u>	Raw Score
Chapter 1: intro	0:00	NA
Chapter 2:		
Item 1: Reach Forward	0:08	25 repetitions
Chapter 3:		
Item 2: Reach Up	2:33	19 repetitions
Chapter 4:		13 repetitions;
Item 3: Reach Down	4:25	1 did not count as subject missed marker
Chapter 5:		
Item 4: Lift Up	7:20	2.0 kg lifted
Chapter 6:		
Item 5: Push Down	10:14	held for 30.0 seconds
Chapter 7:		
Item 6: Wrist Up	11:55	28 repetitions
Chapter 8:		
Item 7a: Acquire-Release dynamometer	15:24	Acquire: YES Release YES
Chapter 9:		
Item 8: Grasp Dynamometer	16:35	Trial 1: 14.0 kg; Trial 2: 16.0 kg; Trial 3: 15 kg
Chapter 10:		
Item 9: Lateral Pinch – credit card	18:11	Credit Card: held for 5 seconds
Chapter 11:		
Item 9: Lateral Pinch dynamometer	18:44	Trial 1: 5.0 kg; Trial 2: 5.0 kg; Trial 3: 4.5 kg
Chapter 12:		Pull - Moves 4 kg
Items 10 and 11: Pull – Push	20:40	Push - Moves 4 kg
Chapter 13:		
Item 7b: Acquire-Release container	23:16	Acquire: YES Release YES
Chapter 14:		
Item 12: Container	24:26	Lifts 1 kg for 5 seconds
Chapter 15:		
Item 13: Pinch Die (2 finger)	25:59	7 repetitions
Chapter 16:		
Item 14: Pencil (3-finger)	28:15	9 repetitions
Chapter 17:		17 repetitions,
Item 15: Manipulate Chip	30:03	if drops, continue count from last full repetition
Chapter 18:		
Item 16: Push Index – calculator	31:36	Left hand: 5.5 seconds; Right hand: 5.2 seconds
Chapter 19:		
Item 17: Push Thumb – cell phone	34:29	Left hand: 8.3 seconds